Better Access Mental Health Treatment
Referred Mental Health Services

Example: Individual services provided over 2 calendar years

1st year 1 January - 31 December maximum of 10 individual services.

First course of treatment, **6** services completed.

Allied health professional writes report to referring medical practitioner.

Subsequent consultation with medical practitioner.

Referral for a course of treatment, 4 services.

Allied health professional provides **one** service up to 31 December.

Patient has used **7** services out of maximum 10 available for 1st calendar year.

2nd year 1 January - 31 December maximum of 10 individual services.

1 + 3 = 4

Allied health professional provides **3** additional services on or after 1 January 2nd year. (balance of 1st year course of treatment)

Patient has completed their course of treatment, 4 services.

Allied health professional writes report to referring medical practitioner.

Subsequent consultation with medical practitioner.

Referral for a course of treatment, 6 services.

Allied health professional provides **6** services.

Patient has completed their course of treatment, 6 services.

Allied health professional writes report to referring medical practitioner.

Subsequent consultation with medical practitioner.

Referral for a course of treatment, 4 services.

3 + 6 + 1 = 10

Allied health professional provides **one** service up to 31 December.

Patient has used all **10** services available for 2nd calendar year.

Focussed Psychological Strategies (FPS), Family and Carers and allied mental health services count towards the limit of **10** individual treatment services per calendar year.

Go to MBS Online for more information about billing these MBS items.

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